



My daughter has head lice, again. I've tried specialist shampoos. What else can I do?

A This pesky louse is such a problem there is even National Bug Busting Day on 31 January to raise awareness. What you need is the NitFree Comb, £9.99 (nittygritty.co.uk; 020 7460 7096) to beat these bugs that spread from head-to-head contact. Three mums invented this award-winning stainless steel comb and there isn't any other effective pesticide-free treatment like it.

"As mothers we've been through head lice hell ourselves and spent a fortune on shampoos that don't work," says co-founder Amanda Coplans. "Most products are full of pesticides that leave 'live' eggs behind and so, a week later, you're back where you started!" The NitFree comb has special grooves (micro-spirals) on each tooth that make all the difference, popping off lice and nits as well as pulling out eggs before they hatch. Just coat the hair in normal conditioner, part it into sections and comb through each section to remove all the lice, nits and eggs in one go. Also available from Boots, Sainsbury's and Asda.